



1000 Degrees Neapolitan Pizzeria USA Nutrition Facts for Popular Menu Items

We provide a nutrition analysis of our menu items to help you balance your 1000 Degree's meal with other foods you eat. Our goal is to provide you with the information you need to make sensible decisions about balance, variety and moderation in your diet.

1000 Degrees Pizzeria											
Nutrition Facts	Calories	Calories from Fat	Total Fat (g)	Saturated Fat	Trans Fat	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber	Sugars (g)	Protein (g)
Pizzas 10"											
Classic New Yorker	705	130	15	10	0	40	825	110	5	5	30
Classic Margherita	750	205	25	5	0	0	840	110	5	5	25
Trenton Tomato Pie	710	130	15	10	0	40	875	110	5	5	35
Quattro Formaggio	870	265	25	15	0	90	1350	115	5	5	45
Smokey Pollo	985	215	20	10	0	120	2500	130	5	15	60
The White Out	880	270	30	10	0	40	1240	110	5	5	40
Buffalo Chicken	890	210	20	10	0	115	2490	110	5	5	50
Tony Pepperoni	850	250	25	15	0	80	1740	110	5	5	40
Johnny the Meatball	845	215	20	10	0	95	1690	115	5	5	40
The Philly	835	190	20	10	0	70	2060	115	5	10	45
The Meatza	1095	415	45	20	0	130	2510	115	5	5	55
Sausage and Peppers	975	310	30	15	0	95	1840	120	10	10	45
Hawaiian Fire	775	150	15	10	0	65	1650	115	5	5	40
Tuscan Chicken	865	150	15	10	0	105	2300	120	10	10	55
Mac & Cheese	900	220	20	10	0	50	1680	120	5	5	40
Pizzas 14"											
Classic New Yorker	1555	265	25	15	0	80	3215	250	10	10	70
Classic Margherita	1575	365	45	10	0	0	2535	245	10	10	50
Trenton Tomato Pie	1565	265	25	15	0	80	3295	255	10	15	70
Quattro Formaggio	1965	575	55	35	0	185	3845	255	10	10	100
Smokey Pollo	2115	440	45	25	0	240	5910	285	10	40	115
The White Out	1910	610	60	25	0	80	3385	255	10	10	80
Buffalo Chicken	1925	435	45	25	0	235	5885	420	10	10	115
Tony Pepperoni	1845	500	55	25	0	125	4385	250	10	10	85
Johnny the Meatball	1840	435	45	25	0	190	4285	255	15	10	90
The Philly	1670	380	40	20	0	140	3385	270	10	20	90
The Meatza	2335	830	85	40	0	260	5925	255	15	10	115
Sausage and Peppers	2090	625	65	30	0	185	4205	270	20	20	95
Hawaiian Fire	1695	310	30	20	0	125	4205	260	10	20	85
Tuscan Chicken	1880	300	30	15	0	205	5515	275	25	20	110
Mac & Cheese	1880	445	45	20	0	100	4275	265	10	10	85
Pizzas 14" Roman Style											
Classic New Yorker	965	130	15	10	0	40	1175	110	7	6	40
Classic Margherita	1010	205	25	5	0	0	1195	110	5	5	35
Trenton Tomato Pie	970	130	15	10	0	40	1225	110	5	5	45
Quattro Formaggio	1130	265	25	15	0	90	1700	115	5	5	55
Smokey Pollo	1245	215	20	10	0	120	2800	130	5	15	70
The White Out	1140	270	30	10	0	40	1595	110	5	5	55
Buffalo Chicken	1150	210	20	10	0	115	2845	110	7	5	60
Tony Pepperoni	1110	250	25	15	0	80	2095	110	5	5	50
Johnny the Meatball	1105	215	20	10	0	95	2045	115	5	5	50
The Philly	1095	190	20	10	0	70	2410	115	5	10	55
The Meatza	1355	415	45	20	0	130	2865	115	5	5	65
Sausage and Peppers	1235	310	30	15	0	95	2195	120	10	10	55
Hawaiian Fire	1035	150	15	10	0	65	2005	115	5	5	50
Tuscan Chicken	1125	150	15	10	0	105	2655	120	10	10	65
Mac & Cheese	1160	220	20	10	0	50	2030	120	5	5	50
Cheesy Bread	1485	260	30	10	0	40	2750	165	10	5	65
Cinnamon Sticks	1510	205	20	4	1	100	1770	135	10	35	30



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6pc Chicken Wings											
Plain Wings	505	320	35	10	0	145	1145	0	0	0	50
Buffalo Wings	535	345	35	10	0	150	1475	0	0	0	50
BBQ Wings	555	320	35	10	0	145	1335	10	0	10	50
Garlic Parmesan Wings	615	410	45	15	0	145	1250	5	0	0	50
Pesto Wings	705	515	55	15	0	150	150	0	0	0	55
12pc Chicken Wings											
Plain Wings	1010	640	70	15	0	295	2285	0	0	0	95
Buffalo Wings	1075	695	75	20	0	300	2950	0	0	0	95
BBQ Wings	1115	640	70	15	0	290	2575	25	0	20	95
Garlic Parmesan Wings	1235	825	90	30	0	290	2450	10	0	0	95
Pesto Wings	1305	935	100	20	0	305	2580	0	0	0	100
24pc Chicken Wings											
Plain	2020	1275	135	35	0	585	4570	0	0	0	190
Buffalo Wings	2145	1395	150	40	0	595	5905	1	0	1	190
BBQ Wings	2225	1275	135	35	0	585	5350	45	0	35	190
Garlic Parmesan Wings	2475	1655	180	55	0	585	5000	20	0	0	195
Pesto Wings	2415	1665	175	40	0	595	4965	5	5	0	195
6pc Boneless Wings											
Plain Boneless	245	0	15	5	0	80	785	10	0	0	15
Buffalo Boneless	310	60	20	5	0	85	885	10	0	0	20
BBQ Boneless	350	0	15	5	0	80	1175	35	0	20	20
Garlic Parmesan Boneless	410	145	30	5	0	80	1700	15	0	0	20
Pesto Boneless	445	195	35	10	0	85	985	10	0	0	20
12pc Boneless Wings											
Plain Boneless	470	0	25	10	0	155	1485	20	0	0	35
Buffalo Boneless	560	90	35	10	0	160	1630	20	0	0	35
BBQ Boneless	620	0	25	10	0	155	2070	50	0	30	35
Garlic Parmesan Boneless	705	215	50	10	0	155	2800	25	0	0	35
Pesto Boneless	765	295	55	15	0	160	1785	20	0	0	40
24pc Boneless Wings											
Plain	935	0	50	20	0	305	2975	35	0	0	70
Buffalo Boneless	1060	120	65	20	0	315	3165	35	0	0	70
BBQ Boneless	1140	0	50	20	0	305	3750	80	0	40	70
Garlic Parmesan Boneless	1255	290	85	20	0	305	4815	40	0	0	70
Pesto Boneless	1330	295	90	25	0	315	3370	35	0	0	10
Salads											
Chicken Caesar	165	40	20	0	0	65	985	5	0	5	25
Caprese Salad	235	150	20	10	0	0	205	5	5	10	15
Buffalo Chicken Salad	255	125	15	5	0	90	1595	5	0	5	30
The Greek	575	415	45	0	0	65	2055	20	5	10	20
BBQ Chicken Ranch Salad	695	420	45	15	0	125	2015	30	5	30	35